



Human Values, Ceiling on Desires & Sustainability

Relating the 5 human values of Truth, Love, Peace, Right Action & Non-violence to the Concepts of Sustainability through practising COD.

How does Love relate to Ceiling on Desires?

Love as action –

- Sharing with others – money, food, time, energy
- Loving the physical environment
- Loving fellow creatures and their habitats?
- Your turn

How does Peace relate to Ceiling on Desires?

Peace as action –

- Reducing anxiety about – money, food, time, energy
- Living in harmony with the physical environment
- Your turn

How does Truth relate to Ceiling on Desires?

Truth as action –

- Being true to self when considering usage of – money, food, time, energy
- Consistency in thoughts, words and actions
- Committing wholly to a chosen plan of action
- Your turn

How does Right Action relate to Ceiling on Desires?

Right action in practice–

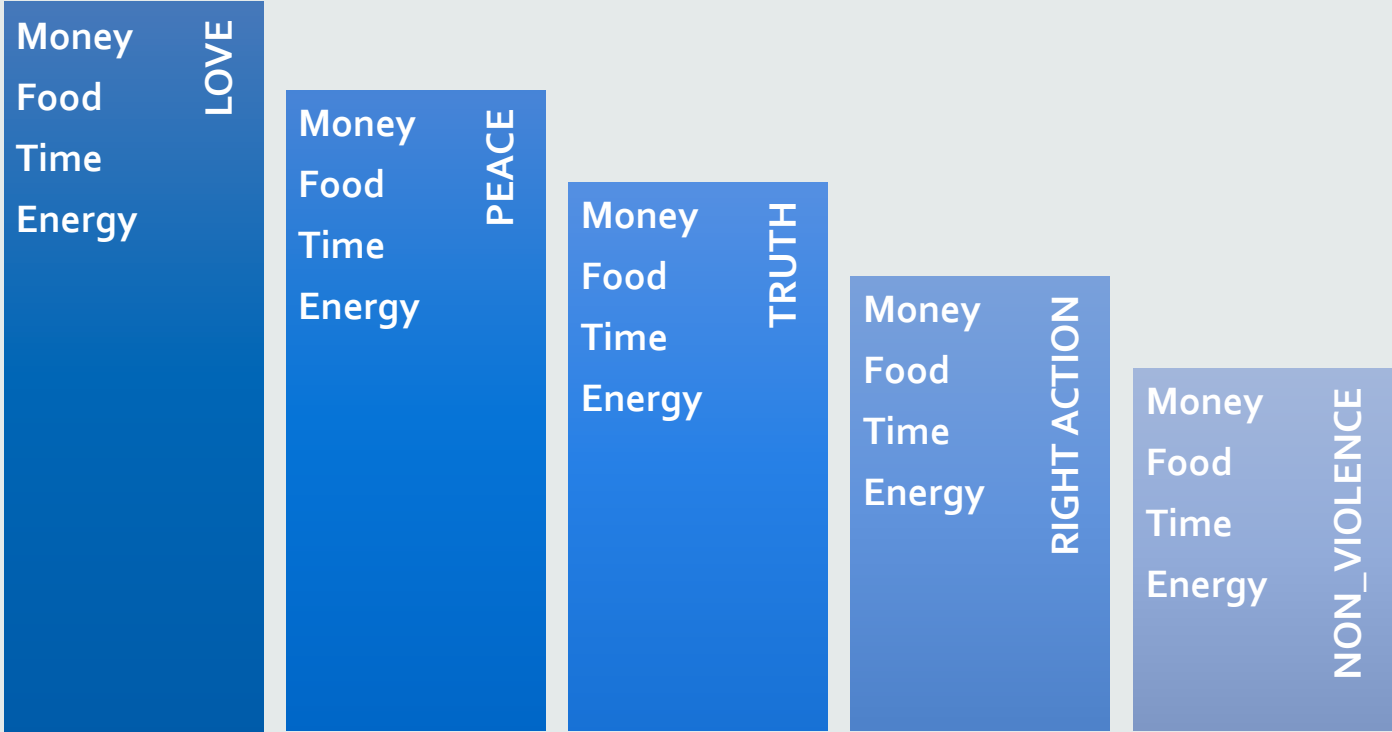
- Not being wasteful – money, food, time, energy
- Compassion and empathy in thoughts, words and actions
- Following through with a chosen plan of action
- Your turn

How does Non-violence relate to Ceiling on Desires?

Non-violence in practice–

- Helping ever, hurting never – people & the environment
- Kind thoughts, words & actions
- Actively making a positive impact upon & improving the environment
- Your turn

Human Values & Ceiling on Desires



Love, Peace, Truth, Right Action & Non- violence as Sustainability

Relating to

Money

Food

Time

Energy

- Your understanding of these concept?