

## LESSON 7

LEVEL: Middle primary

VALUE: Love

RELATED VALUE: Thoughtfulness

OBJECTIVE: To learn the value of a smile for self and others.

Sit straight or alternatively if there is enough space lay down in a circle with feet pointing to the centre. Listen to the music for at least five minutes while you think about past events that have made you laugh or smile. Open your eyes and smile at the persons next to you.

QUOTATION:

*Smile and the world smiles with you, cry and you cry alone*

Discuss: What is meant by the quotation

STORY:

### THE LOST SMILE



Rashmi woke up one morning feeling very miserable. It was unlike her and she was unable to understand the reason. Maybe she had had a bad dream, but she couldn't remember what it was. Her mother was surprised to see her daughter's glum face as she entered the kitchen for her breakfast. 'My you do look glum' said her mother 'Why are you looking so miserable'? 'I don't know' Rashmi answered, 'but I feel very miserable and I don't know why' her mother had an idea and when her other two daughters appeared for breakfast she started a game and pretended that she was hunting for Rashmi's lost Smile. The sisters joined in when they came to know the reason for the hunt. 'I wonder where it could be' said one sister. 'Where did you have it last?' said the other sister. Mother asked her 'When did you see it last'? As they looked under cushions and in silly places like the fridge or the oven, they began to laugh at their silliness. Rashmi began to smile as mother and sisters continued their hunting for her smile. One sister happened to turn in time to see Rashmi's smile. 'I've found it; I've found it she shouted'. They all turned to see Rashmi smile. 'Thank goodness' said mother, I thought it may have been lost forever, and that would have made us all sad, maybe never to smile again.

Rashmi went to school smiling to herself about the game her mother and sisters had played. As she was walking, and smiling to herself she noticed a lady with a big smile on her face

walking towards her. 'I wonder why she is smiling at me' Rashmi thought, and then she realized that she had been smiling and the lady was smiling back at her. 'From now on I will smile at people and see if they smile back at me' the thought made her feel happy.

THE END

QUESTIONS:

Have you tried smiling at people as they pass by?

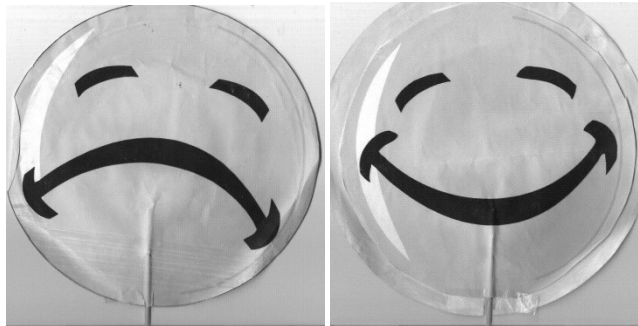
Do you sometimes feel sad?

When you feel sad is there a way in which you can make yourself feel happy?

Why did Rashmi decide she would smile at people?

What was the thought that made Rashmi feel happy?

Teacher: Explain the meaning of the quotation and ask for responses.



ACTIVITIES:-

### 1. ART

Children draw or paste a smiley on a yellow paper circle.

Draw or paste a glum chum on to a yellow paper circle.

Paste glum chum onto one side of a cardboard circle and

Smiley on to the other side, place a stick in the middle before gluing.

### 2. ROLE PLAY

Three children with their smiley-glum chum stick stand out front, one on one side and two on the other. Glum chum and smiley walk towards each other from each side of the room. As smiley approaches, glum chum turns his stick around and becomes smiley. He then walks across the room towards the other glum chum approaching who also turns his stick around and becomes smiley.

Children could take their chum sticks home and tell the story at home.

(The role play can be done with facial expressions instead the art form sticks if preferred)

**SONG:**

**If you're** happy and you know it clap your hands.

If you're happy and you know it clap your hands.

If you're happy and you know it then you really ought to show it,

If you're happy and you know it clap your hands. (clap clap)

If you're happy and you know it stamp your feet (stamp stamp)

As above.

*Can continue with made up verses*

*(This song and other songs suitable for young children and making up your own words can be seen and learned on U tube. Just type in 'If you're happy and you know it clap your hands')*

**CLOSURE**

Children sit in a circle one by one they smile to the child next to them and say

“I'm giving you a smile to make you feel happy”

Source: Jacqui Robinson 2014: Middle Junior